



# Global Wellness Day

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The Spa at Westin Mission Hills invites you to join the movement for health and wellness with complimentary Yoga classes on Sat., June 9, 2018 at The Westin Mission Hills Golf Resort & Spa.

- Vinyasa Yoga— 8:00am
- Family Yoga—9:30 am

There is no charge for the class, but each donation to “Charity: Water” will be recognized with a bracelet.

Help us spread the word! Post of photo holding your “I Say Yes” Global Wellness Day sign with the hashtags [#GWD2018](#) and [#westinmissionhills](#) for an entry in to our raffle for a complimentary 50 minute spa treatment.

Call ext. 2180 or 760.770.2180 for more information.



**THE WESTIN**  
MISSION HILLS  
GOLF RESORT & SPA