

THE WESTIN
MISSION HILLS
GOLF RESORT & SPA



The Spa

Menu of Services



Straight from the Hive

Signature Honey Treatments

Experience our luxurious honey treatments using honey from our own hives. It doesn't get any more local or sustainable than this. Extend your spa experience at home with a complimentary honey body polish included in all Signature Honey Treatments.

HONEY MASSAGE

This whole-body treatment provides deep relaxation with soothing and rhythmic massage techniques. A warm beeswax thermal mask is used on the back to balance the vital energy of the body. The body's back reflex zones are activated, which stimulate the activity of the organs. It also enhances the body's metabolic activity and immune system, helping to relieve tension and pain.

50 minutes \$180

HONEY LAVENDER SUGAR SCRUB

Calm your mind and invigorate your skin with this honey lemon and lavender sugar body polish using honey straight from the hive. This treatment concludes with our signature lavender-lemon scented lotion application. *25 minutes \$115*

HONEY HYDRATION BODY WRAP

Cleanse and exfoliate using a body polish made with honey from our own bee apiary, followed by a luscious hydrating body mask, and concluded with an application of our signature lavender lemon lotion that is sure to leave your skin with a radiant glow.

50 minutes \$180

HONEY FROM HEAVEN FOR HANDS & FEET

Melt away stress with a luxurious hand and foot exfoliation using a blend of sugar, honey drizzled straight from our hive, and pure essential oils. An application of lotion will soften your soles and leave your hands and feet feeling perfectly polished.

25 minutes \$65

CREATE YOUR OWN HONEY BODY POLISH

Choose from a selection of fresh herbs, pure essential oils, pink Himalayan sea salt or organic sugar cane; then add Dilbert's raw honey and grapeseed oil to create your own honey body polish in our private label packaging. \$25



Massage Therapies

Embrace Your Harmony

CHAKRA BALANCING

A specialty massage based on the ancient Indian belief in a series of seven chakras or energy centers throughout the body. Gemstones are used to help energize and balance all of the chakras resulting in a deeper sense of relaxation. *80 minutes \$225*

STICKS AND STONES

Enjoy a combination of warm flowing massage movements of the unique hot stone stamps and smooth Birchwood sticks to support the purification of tissue, relieve tension and stimulate the metabolism. The result is an all-over irresistible feeling of relaxation and tension release. *80 minutes \$235*

TABLE THAI MASSAGE

The Spa at Mission Hills' version of Thai massage adapted to the table incorporates a series of gentle stretches and compressions. Release tension in tight joints, increase range of motion and enhance flexibility to feel centered and energized. This experience is performed in light, comfortable clothing.

50 minutes \$165 • 80 minutes \$235

LAVA SHELL

A deeply relaxing massage using the natural benefits of warm shells from the tropics. The smooth shells are expertly glided over the body with varying pressure to meet your particular needs, creating a synergy of warmth and relaxation.

50 minutes \$165 • 80 minutes \$235

HOLE-IN-ONE GOLF MASSAGE

A ground-breaking deep body massage performed with two golf balls which become an extension of the therapist's hands in order to reach muscles and hard-to-reach areas. This massage is tailored to each client's needs to improve range of motion and flexibility, increase circulation, and relax sore muscles.

50 minutes \$165 • 80 minutes \$235

CANDLE MASSAGE

Allow your worries to be melted away while your therapist anoints your body with warm candle oil. This massage helps release physical tension and influences your mood in a positive way, creating a state of relaxation that is transmitted to the entire nervous system.

50 minutes \$165

HAWAIIAN LOMI LOMI

This unique massage technique is one of the oldest and most powerful forms of healing. Derived from the ancient Polynesians, this experience relieves stress and muscular tension while increasing circulation. *80 minutes \$225*

Massage Therapies (continued)

MOTHERHOOD

A relaxing therapy for moms-to-be, this customized service relieves muscle aches and joint pains and helps reduce swelling.

Note: Massage is not recommended during 1st trimester.

50 minutes \$155

RENEW

A massage shaped by the knowledge of each therapist to create a personalized therapy unique to each individual.

50 minutes \$155 • 80 minutes \$225

REFLEXOLOGY

The hands and feet are mirror images of the body. By stretching, moving and applying pressure to the feet, stress in other parts of the body are relieved. Each session supports the entire body and provides soothing relief and energizing comfort for tired hands and feet.

25 minutes \$90 • 50 minutes \$155

COUPLES THERAPY

Enjoy a relaxing massage while two therapists work in unison to provide an unforgettable shared experience in our couple's suite. The treatment will conclude with a couples soak in our hydrotherapy tub and a glass of champagne.

70 minutes \$400 • 100 minutes \$540

COUPLES MASSAGE

Enjoy a massage with a friend or romantic partner on side-by-side massage tables set within our Couple's Suite. Your shared relaxation session will send you on a peaceful journey together.

50 minutes \$350 • 80 minutes \$490

Day Rituals

Indulge Yourself

SWEET JOURNEY

An introduction of services showing how sweet the Spa journey really is. Enjoy a 50-minute Renew Massage and 50 minute Hydrate Facial. *\$340 inclusive of gratuity*

THE GOOD LIFE

Allow yourself to drift into a blissful state with a 50-minute Renew Massage, 25-minute honey scrub and 50-minute Hydrating Facial *\$440 inclusive of gratuity*





Facial Treatments

Enjoy Your Beauty

TRANSFORMATION

Our signature, results-driven skin treatments will change the IMAGE of your skin in just one session. Vitamin C, Alpha and Beta Hydroxy Acids, and gentle yet effective enzymes speed up cellular turnover lightening, tightening and brightening all skin types; even Rosacea and sensitive. *80 minutes \$235*

LIFT

Infuse skin with the restorative and uplifting benefits of peptides, growth factors, and proteins. Vitamin C infused microdermabrasion crystals and a plumping activator reveal fresh, glowing skin while a bentonite, kaolin clay, and wrinkle fighting peptides leave skin firm and rejuvenated. *80 minutes \$225*

ILLUMINATE

Even out and restore your skin back to health with our brightening facial. A concentration of antioxidants protect the skin while an active peptide serum jumpstarts a more even complexion. *50 minutes \$165*

OXYGEN

This luxurious skin care treatment infuses oxygen, plant-derived stem cells, peptides and a high concentration of enzymatic botanicals into the skin leaving it luminous, refreshed and rejuvenated. *50 minutes \$165*

HYDRATE

Refresh and rejuvenate without irritation or sensitivity. Enzymes and peptides keep skin perfectly nourished, antioxidants protect, and hyaluronic acid infuses optimal hydration. *50 minutes \$155*

STRENGTHEN

Sensitive skin will be left glowing after this calming, soothing treatment. A gentle peel refreshes skin without irritation, while a nourishing mask helps to protect skin and restore hydration. Peptides and a botanical stem cell help promote an even skin tone by reducing signs of redness. *50 minutes \$155*

PURIFY

Say goodbye to annoying breakouts. This treatment combines powerful anti-bacterial ingredients, peptides, enzymes to fight acne lesions and green tea to soothe skin. *50 minutes \$155*

ENHANCE YOUR EXPERIENCE

Firming neck and décollete • \$25

Collagen lip plumper • \$25

Eye rejuvenation treatment • \$25

Vitamin C and pumpkin peel • \$25

Hydrating hand OR foot treatment • \$10

Hydrating scalp and hair treatment • \$25

WAXING SERVICES

| | | | |
|----------|-----------|---------------------|-----------|
| Brows | \$25 & up | Lip, chin, or cheek | \$20 & up |
| Half leg | \$50 & up | Full leg | \$75 & up |
| Arm | \$45 & up | Underarms | \$30 & up |
| Bikini | \$45 & up | Half back | \$50 & up |
| Back | \$75 & up | | |



Wrap Therapies

Nourish Your Body

CELL.U.LIFT

This body contouring treatment starts with dry body exfoliation to stimulate circulation and assist in the elimination of toxins, followed by an application of our revolutionary body firming crème to tighten and tone loose skin, strengthen collagen fibers and reduce lipid cells eliminating the “orange peel” look associated with cellulite.

50 minutes \$165

DETOX

Redefine skin from head to toe with a powerful anti-aging body serum, followed by a detoxifying mask to extract impurities.

This treatment is concluded with a firming moisturizing lotion application. *50 minutes \$165*

Scrub Therapies

Embrace Your Softer Side

CARROT & NEROLI FINE SALT SCRUB

Visibly improve skin tone with a naturally nourishing avocado oil and cherry carrot oil blend with luscious cocoa butter, small granule sea salt combined with Adzuki Bean to slough away sluggish surface cells and reveal your super smooth skin for a happy, radiant glow. *25 minutes \$90*

JAPANESE PLUM & WHITE TEA SCRUB

Replenish moisture and stimulate circulation with naturally enriching avocado, softening almond and coconut oil blend, exfoliating small granule sea salt, forbidden rice and antioxidant rich white tea leaves to leave your skin refreshed and perfectly polished. *25 minutes \$90*



Nail Treatments

Inspire Yourself

GLYCOLIC PEDICURE

Deeply exfoliating treatment to renew the feet and eliminate roughness. *50 minutes \$80*

ULTIMATE PEDICURE

Combination of a hydrating paraffin treatment and an active exfoliating treatment to provide superior skin improvement. *50 minutes \$95*

ESSENTIAL

The classic treatment includes nail shaping, cuticle care, moisturizing massage, and a polish of choice.

Manicure 25 minutes \$40 • Pedicure 40 minutes \$55

GEL MANICURE

Enjoy an essential manicure with gel polish that will last 14+days without chipping. *45 minutes \$65*

ELEVATE YOUR EXPERIENCE

French upgrade \$15

Lacquer application \$25

Paraffin upgrade to any nail treatment \$25





Hair Services

Embrace a New You

SHAMPOO & BLOWDRY \$60

HAIRCUT & BLOWDRY \$95

HAIRCUT ONLY \$55 AND UP

BLOWDRY ONLY \$40

MEN'S HAIR CUT \$35

MOROCCAN OIL HAIR RITUAL \$85

SPECIAL OCCASION STYLE \$95

SHAMPOO ONLY \$40

Spa Policies

AGE REQUIREMENT

Spa guests must be at least 18 years old for use of the Spa facility and a private Spa experience. The Spa offers limited services and limited Spa access for ages 12-17. Please inquire with a spa representative for details.

WHAT TO BRING AND WHAT TO LEAVE BEHIND

Robe and slippers are provided along with all amenities for hair and body care. Please bring a bathing suit to enjoy the co-ed therapy pool. Please leave jewelry, cell phones, pagers, and cigarettes behind. Smoking is prohibited. We promote an environment of quiet relaxation. We are not responsible for valuables. Bring a book or magazine to read and relax. Bring a friend to share the experience.

WHEN TO ARRIVE

For your enhanced comfort and relaxation, we suggest arriving 30 minutes prior to your treatment. Arriving late will limit the time of your service. Your treatment will end at the scheduled time to accommodate the next guest's appointment. No discounts are made for partially missed appointments.

CANCELLATION POLICY

If you must reschedule or cancel your appointment or package, please notify us 24 hours before your scheduled appointment to avoid a 100% service fee. Cancellations will not be taken by voicemail.

PAYMENT AND GRATUITIES

For your convenience a 20% gratuity will be added to your Spa bill. A choice of leaving any additional gratuity above the 20% is at your discretion. All prices, gratuities and taxes are subject to change. Retail is final sale.





The Spa
Westin Mission Hills

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